HCN Connect is dedicated to keep our community informed about the contributions that individuals and organizations are making to improve community and individual health in the Riverside county region.

Let us feature your story, event or resource in HCN Connect!

Do you have a plan, program or endeavor designed to improve your community's health? Do you have a resource you would like to share with the HCN? Please let us know!

Please submit ideas for the next publication by: May 29, 2017.

Contact
Salomeh Wagaw, MPH
swagaw@rivcocha.org
(951) 358-5557

Miguel A. Vazquez, AICP
mvazquez@rivcocha.org
(951) 358-7171

You are a valued subscriber to HCN Connect. Update your subscription by e-mailing dramirez@rivcocha.org
The Riverside County Health Coalition (RCHC) hosted its general membership meeting April 19 in Moreno Valley. The meeting focused on the intersection between behavioral and physical health.

The meeting highlighted current barriers to access care for behavioral health services in Riverside County, explored innovative solutions and programs for improving access and services for behavioral health care across different life stages and worked to strengthen relationships between community public health partners.

Speakers included:

- Angela Igrisan, LCSW, MPA, Assistant Behavioral Health Director, Riverside University Health System- Behavioral Health
- Janine Moore, LMFT, Mental Health Services Administrator, Central Children's Region, Riverside University Health System- Behavioral Health
- Tony Ortego, LMFT, Behavioral Health Services Administrator, Older Adult Services, Riverside University Health System- Behavioral Health
- Amy Hyong, MS, MPH, Research Specialist, Epidemiology & Program Evaluation, Riverside University Health System- Public Health
- Dr. Geoffrey Leung, M.D., Ed.M., Chief of Family Medicine, Ambulatory Medical Director, Riverside University Health System- Care Clinics and Medical Center

The outcomes of this meeting will help guide future collaboration in our efforts to create a healthier and more equitable Riverside County. The meeting materials are posted on the Riverside County Health Coalition website.

For more information, please contact Dianne Leibrandt at dleibrant@rivcocha.org.
Go Human: It’s not just a sign.

The Riverside University Health System – Public Health (RUHS-PH) Injury Prevention Services received a Pedestrian Safety grant award from the State Office of Traffic Safety (OTS) in 2015-2016. RUHS-PH conveyed the message of SCAG’s Go Human campaign urging all people to look out for one another on the road whether driving, cycling or walking. RUHS-PH developed 3 Go Human videos to reduce pedestrian and bicycle injuries and fatalities in Southern California bringing to life one of the Go Human headlines “It’s not just a sign.”

These public service announcements used state-of-the-art video techniques including a GoPro point of view from a bike and a drone quadcopter of the street, to best communicate the message. The videos are available in English and Spanish for viewing on YouTube at the address below:

https://www.youtube.com/watch?v=GxmyKjouUCw
https://www.youtube.com/watch?v=aasSiDqj42Y

City Highlight: City of Moreno Valley

How Moreno Valley is encouraging workers to use bikes (by providing the bike, for starters)

By Imran Ghori; via The Press-Enterprise

As lunch approached, Eric Lewis and three co-workers at Moreno Valley City Hall stepped out for a bite.

But instead of getting into a car, they hopped on four bicycles for a short ride to the Towngate Shopping Center.

There was one more twist, aside from their mode of transportation. The bikes belong to the city.

In January, Moreno Valley began testing a bike-sharing program to encourage employees to drive less by instead riding a bicycle for short errands or lunch breaks.

“The use is growing as the weather improves,” said Lewis, the city’s traffic engineer.

With sunny skies and temperatures in the low 70s, one particular day was ideal for him and the other three to take a quick ride up Frederick Street to Jersey Mike’s, where they locked the bicycles outside and went in for sandwiches.

The city bought two electric bicycles but last week had borrowed two more from a local store to test different sizes of bikes.

The bicycles come equipped with batteries and, at 50 pounds, are twice the weight of a normal bike, Lewis said. The battery gives riders a little extra help when they need it to supplement their pedaling.

They have three settings: full boost, eco-boost or no boost. With the electric assist, the bikes can reach speeds of up to 28 mph.

“As you pedal, the bike actually helps you,” said Danny Astorga, a city construction inspector who joined Lewis for the ride. “That’s when you really notice the difference.”

Click here to read more.
The SHAPE Data Portal

SHAPE Riverside County is sponsored by the Riverside University Health System - Public Health, a department of the County of Riverside. To learn more, please visit: [http://www.shaperivco.org](http://www.shaperivco.org/)

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2017 Inland Empire Section – American Planning Association (IES-APA) Awards

This year, the American Planning Association – Inland Empire Section (APA/IES) will recognize a number of our projects and partners with Awards of Excellence and Awards of Merit. Awards of excellence and merit are conferred to the best planning projects, initiatives and individuals making a difference in Riverside and San Bernardino Counties. The awards of excellence however, are APA/IES’s top honor and are highlighted during the awards ceremony. This category also allows winners to advance to the APA California awards programs. These are the pertinent results in which our seven nominations out of 15 categories will be honored during the Awards Program.

AWARDS OF EXCELLENCE

- Women’s Policy Institute Coachella Valley: Category Winner – Grassroots
- Laura Roughton: Category Winner – Elected Official
- Matthew Burris: Category Winner – Professional Planner
- KDI Design Firm: Category Winner – Emerging Planning & Design Firm

AWARDS OF MERIT

- HCN Connect: Merit Award – Communications Initiative
- Riverside County Health Initiative: Merit Award – Innovation in Green Community Planning
- Prezi- Planning 101: Merit Award – Public Outreach

Everyone is invited to attend the Awards Program Dinner on May 18th at the Riverside Convention Center. The program will run from 6 PM to 8 PM with cocktails and appetizers starting at 5 PM. The Awards Program is a great opportunity to get out the word about your agency or firm by Sponsoring the dinner. Cost for registration is $40 for a regular ticket and students are FREE. Dinner and drinks are all included! Students, please indicate your school in the “Company Name” when you register.

Register for the 2017 IES-APA Awards Program [here](http://www.shaperivco.org/).
The Second Annual Coachella Valley Workplace Wellness Awards

Recognizing excellence in healthy organizations

Presented by HARC

Why Workplace Wellness?
Benefits of wellness programs at work include increased productivity, decreased absenteeism, improved morale, decreased healthcare costs, and decreased legal costs.

Why nominate your workplace?
Organizations that get recognition for having a healthy work environment are often better able to attract and retain top talent, reducing costs and increasing productivity.

About the Awards
Two winners – one small company (1-100 employees) and one large company (101+ employees) – will be chosen in four categories:

- Nutrition, Fitness, & Health
- Safety & Environment
- Wellness & Mental Health

Grand Prize Winner
This award will be presented to one small and one large business that exemplifies all three areas – Nutrition, Fitness, & Health; Safety & Environment; and Wellness & Mental Health.

Three ways to get involved:
1) Apply for the Award
All organizations are welcome to apply. If you have employees you are eligible. Nonprofits, government agencies, businesses – all are welcome! Nominating your workplace is FREE thanks to our generous sponsors.

   Last day to apply is May 10th!
   Apply online here: http://HARCdata.org/workplace-wellness-awards-application/

2) Attend the Luncheon
Tickets are on sale for $25 until June 7th. On June 8, tickets go up to $35.

3) Sponsor the Event
Sponsors are true leaders in workplace wellness. By supporting the Workplace Wellness Awards you are demonstrating your support of healthy workplaces.

Questions or concerns? Contact HARC at 760-404-1945 or itorres@HARCdata.org

Here is a Program Sneak Peek for the 2017 NIC Conference!!!

The 2017 National Innovative Communities Conference is only weeks away. Here is a sneak peek at some of the amazing breakout sessions being presented on May 23rd and 24th at our 8th Annual Conference COMPLETELY FREE!

- “Breaking Down Silos to End the Cycle of Poverty”
  Steve PonTell, National Community Renaissance

- “Networking as the Recipe for Successful Healthy Communities Initiatives”
  Miguel A. Vazquez, Healthy communities Urban Regional Planner

- “Common Challenges and Lessons Learned in Addressing Health Inequities”
  Brightstar Ohlson, Bright Research Group

You can find more information on their website: www.pic-nicc.org
Click here to register.
The Center for Civic Policy & Leadership Announces the 2017 Health Innovations Prize

The Inland Southern California region faces numerous challenges that require new approaches in leadership, strong public/private partnerships, and recognition from all sectors that those who are committed to large-scale health impact need to be intentional about strengthening the fields in which they operate.

The Center for Civic Policy & Leadership (CCPL) engages leaders from throughout the Inland region to support building healthy, safe and peaceful communities. CCPL serves San Bernardino and Riverside Counties and the Eastern San Gabriel Valley region of Southern California, with a focus on our diverse communities that face significant challenges to health and well-being. CCPL Fellows are committed to disseminating best practices that our local cities and unincorporated areas have implemented successfully, and that have proven to improve the quality of life for residents.

As an innovative and engaging way of disseminating and promoting these proven successes, the Center for Civic Policy & Leadership is accepting Case Study submissions for the 2017 Health Innovations Prize. CCPL published the first edition of case studies in June 2015, titled "Silent Communities: A Guidebook for Residents to Improve Health Outcomes in the Inland Empire."

Click HERE to download your "Case Study Template"

Winning Case Study submissions will be included in the "Silent Communities: A Guidebook for Residents to Improve Health Outcomes in the Inland Empire" publication both in print and online. Submission of a Case Study renders to Reach Out the authors' full permission to publish and promote the Case Study in written, verbal and electronic media.

All entries must be submitted no later than May 11, 2017 at 5:00 pm to josie@we-reachout.org

The CCPL Health Innovations Prize Amounts are:
1st Place - $1,000
2nd Place - $500
3rd Place - $250

Winners will be notified by May 17, 2017.

San Bernardino County Job Opening

The San Bernardino Department of Public Health is recruiting for a Safe Routes To School Project Coordinator as a part-time contract position to plan, organize, and implement the local Safe Routes to School (SRTS) program, by encouraging safe walking and bicycling among students, parents, and staff at select schools throughout the County. This position will work with multiple schools and law enforcement agencies in the implementation, encouragement, enforcement, and evaluation of the SRTS program.

For more information, please click here.
Our Certified Farmers Market aligns with the mission of the County’s Culture of Health and the CEO’s Goal to improve health and promote livable communities through partnerships, policies, systems and initiatives. It is also one of the strategic goals of the Healthy Riverside County Initiative for healthy eating.

Vendors will be providing: fruits, vegetables, eggs, berries, oils, honey, bread, flowers…and much more!

**County Administrative Center**

**When:**
Every Wednesday from 8:30 am - 1:30 pm

**Where:**
Located in the courtyard of the County Administrative Center (4080 Lemon Street, Riverside, CA 92501), on the corner of Lemon and 10th Street.

**Riverside University Health System - Medical Center**

**When:**
Every Thursday (except major holidays) from 7:30 am - 1:30 pm

**Where:**
Located steps from the Cactus Avenue entrance of the Medical Center (26520 Cactus Avenue, Moreno Valley, CA 9255)

**Advancing the Intersection of Health, Equity, and Transportation**

The connection between active transportation, health, and equity may seem obvious, but it is often overlooked in the way we prioritize and fund transportation projects. How we plan and design our cities, towns, and regions directly impacts access to jobs, education, health care, recreation and essential goods and services—all of which are aspects of the social determinants of health and perhaps have the greatest influence on the health of a population. Additionally, not everyone has equal access to a wide range of convenient, safe, and affordable means of transportation. Providing accessible and active environments to those that need it most will also strongly influence the health of our most vulnerable populations.

The goal of this webinar will be to introduce available health data that can be useful in decision-making and prioritization, provide case studies of successful efforts to integrate health and equity in planning projects, and show how to leverage this information to make a strong benefit case for transportation investments.

Alta Planning + Design will moderate and participate in this webinar. Presenters include:
- Chris Saleeba, PLA, MPH, Senior Design Associate
- Chris Danley, Senior Planning Associate
- Kelly Kavanaugh, MPH, CHES, South Carolina Department of Health & Environmental Control
- Jean Mutchie, MBA, St. Luke's Children's Hospital in Nampa, Idaho

Please send your questions, comments and feedback to: altawebinar4@altaplanning.com

**When:**
Thursday, May 11th from 9:00 a.m. to 10:00 a.m.

**Where:**
To register for the webinar, click here.
CV Link EIR Certification Public Meeting

Please join us and voice your opinion on the CV Link project. The CVAG Executive Committee will be holding a special public meeting for the CV Link Environmental Impact Report (EIR) Certification. The certification of the CV Link EIR represents a major milestone that will allow the lead agency, CVAG, to decide next steps on the project.

We encourage you to attend and weigh in on the discussion surrounding this regional project. Attendees may provide up to three minutes of public comments at the beginning of the meeting. If you are unable to attend and would like to submit a letter or comment, please make it out to the attention of the "CVAG Executive Committee" and email it to CV Link project manager LeGrand Velez at lvelez@cvag.org.

The CV Link is a proposed project that will connect the Coachella Valley with a safe alternative transportation corridor along or near the existing Whitewater River and Tahquitz Creek for pedestrians, bicyclists and low-speed electric vehicles.

To view the Staff Report for the meeting, please click here.

**When:**
Monday, May 15th at 6:00pm

**Where:**
Palm Desert City Council Chambers
73-510 Fred Waring Drive
Palm Desert, CA 92260

For more information, please contact LeGrand Velez, CVAG at (760)346-1127 or lvelez@cvag.org

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RIV CO Active TransNetwork

Join us for our Riverside County Active Transportation Network meeting!

**The meeting will cover:**
- Go Human Presentation: Vision Zero by LA Walks
- Getting ready for Bike Month

**When:**
Wednesday, May 17th from 10:00am - 12:00pm

**Where:**
SCAG – Riverside County Regional Office
3403 10th Street, Suite 805
Riverside, CA 92501

**Videoconferencing will be available at the following locations:**
Southern California Association of Governments (SCAG) Main Office
Coachella Valley Association of Governments Office

*Teleconference is also available*

To RSVP, please visit: http://bit.ly/2ptaBoM

Contact Daisy Ramirez to get on the mailing list:
dramirez@rivcocha.org
(760)863-8278

**The Riverside County Active Transportation Network Mission**
The mission of the RCATN is to improve the quality of life of Riverside County Residents through the expansion of active modes of transportation the create economic opportunities for the communities, improve health conditions and prevent health issues, reduce greenhouse gas emissions, and reduce congestion.

The network provides resources and networking opportunities to transportation stakeholders from around Riverside County, including cities, health organizations, community groups and residents.
The free workshop will assist staff from local agencies and community-based organizations in developing impactful active transportation plans, programs and projects that will improve biking and walking mobility and safety. We will provide technical assistance and guidance on how to successfully compete for key funding programs.

Workshop Topics Include:
- Effective community engagement
- Finding and effectively using data to identify needs, and measure/predict bike/pedestrian usage and safety
- Successful plans and non-infrastructure programs
- Much more!

**When:**
Thursday, June 1st from 9:00am to 4:15pm

**Where:**
Riverside County Transportation Commission
4080 Lemon St
Riverside, CA 92501

Please register by Friday, May 26th through the Eventbrite page.
(Priority will be given to representatives from disadvantaged communities.)