Future of Cities 2017: Seeking Health and Sustainability

Eastside Reconciliation Coalition – Safety Chaperone Program

Announcements

Upcoming Meetings/ Events

Let us feature your story, event or resource in HCN Connect!

Do you have a plan, program or endeavor designed to improve your community’s health? Do you have a resource you would like to share with the HCN? Please let us know!

Please submit ideas for the next publication by: April 24, 2017.
On Wednesday, March 15, more than 200 local leaders that included elected officials, city staff, and private sector partners gathered for Future of Cities: Seeking Health + Sustainability conference. This event was hosted by WRCOG, UC Riverside, and the Inland Empire Section of the American Planning Association (IES/APA). The event featured an extraordinary lineup of experts and health champions who discussed how the Inland Empire can plan for improved health outcomes in the years ahead.

CEOs from Riverside and San Bernardino Counties kicked off the day with insightful remarks and their vision for inland southern California 20 years from now. Three panel sessions focused on the Future of Community Design, Future of Mobility, and Future of People—all examined through a health lens.

Photos from the event are available on WRCOG's Facebook page [here](https://www.facebook.com/RocOCC/), and the entire conference video is available on our YouTube channel [here](https://www.youtube.com/watch?v=YDWuHiXvgs).

Eastside Reconciliation Coalition Safety Chaperone Program

Due to a recent incident of high crime rates in the Eastside Riverside area, pastors from multiethnic churches and residents have formed the Eastside Reconciliation Coalition (ERC) to make the community safer. The ERC has garnered support of the community as well as Riverside Police Department, Riverside Unified School District and Riverside City Council. In collaboration with RPD, pastors developed the Safety Chaperone Program which is a grassroots effort to help deter gang violence throughout Eastside Riverside and to provide safer routes to school.

In an effort to increase the awareness for the need for more Safety Chaperone volunteers in the Eastside Riverside community, Mayor Rusty Bailey participated as a guest safety chaperone volunteer. On the morning of March 23, 2017, Mayor Bailey was stationed on the corner of Chicago Ave and Linden St. teaming up with two other Safety Chaperone volunteers.

Mayor Bailey handed out recruitment flyers for the Safety Chaperone program to parents at John W. North High School. The Safety Chaperone Program video can be accessed at [https://www.youtube.com/watch?v=YDWuHiXvgs](https://www.youtube.com/watch?v=YDWuHiXvgs).

For more information regarding the Eastside Reconciliation Coalition Safety Chaperone Program, please visit the ERC Facebook page [here](https://www.facebook.com/EastsideReconciliationCoalition/) or contact Rev. Rivers by email at manchildinthe@aol.com or by phone: 951-334-2442.
Announcements

The SHAPE Data Portal

SHAPE Riverside County is sponsored by the Riverside University Health System - Public Health, a department of the County of Riverside. To learn more, please visit: http://www.shaperivco.org/

SCAG’s Draft 2016 RTP/SCS Amendment #2 and Draft 2017 FTIP Amendment #17-07

SCAG’s Transportation Committee recently approved the release of the Draft 2016-2040 Regional Transportation Plan/Sustainable Communities Strategy (2016 RTP/SCS or Plan) Amendment #2 and Draft 2017 Federal Transportation Improvement Program (2017 FTIP) Amendment #17-07 for public review and comment. The 30-day public review and comment period begins on April 7, 2017 and ends on May 8, 2017, at 5:00 p.m. The Draft 2016 RTP/SCS Amendment #2 is available for review online. The Draft 2017 FTIP Amendment #17-07 is also available for review online.

Background
On April 7, 2016, SCAG adopted the 2016 RTP/SCS for the six-county region including Imperial, Los Angeles, Orange, Riverside, San Bernardino and Ventura counties. The 2016 RTP/SCS reflects the region’s commitment to improve the region’s mobility, sustainability and economy. A major component of the 2016 RTP/SCS is a Project List containing thousands of individual transportation projects. Since the plan’s adoption, some of these projects have experienced technical changes that are time-sensitive. In addition, the county transportation commissions in the SCAG region have also identified new project priorities in addition to projects that are no longer priorities. In particular, many of Los Angeles County’s Measure M-funded projects need to be added to or modified within the plan. An amendment to the 2016 RTP/SCS and the FTIP is needed in order to allow these projects to move forward in a timely manner.

What’s next?
SCAG hopes to acquire input from you and other stakeholders. You can provide comments on the Draft 2016 RTP/SCS Amendment #2 and Draft 2017 FTIP Amendment #17-07 in one of three ways:

• Speak at the public hearing on April 25, 2017 at 3:00 p.m.
• Email your comments to rtpscs@scag.ca.gov
• Mail us a letter

Questions about the Draft 2016 RTP/SCS Amendment #2 can be directed to rtpscs@scag.ca.gov or 213-236-1960. Media inquiries about the Draft 2016 RTP/SCS Amendment #2 should be directed to Jeff Liu at liuj@scag.ca.gov or 213-236-1998.
WRCOG’s Draft TUMF Nexus Study

NOW AVAILABLE FOR REVIEW

As part of the TUMF Program Update, a revised Draft TUMF Nexus Study is now available for review and comment. The Nexus Study contains the technical data that establishes the relationship between the proposed fee and new development.

Comments are due to WRCOG by April 14, 2017. Please send any comments to the attention of: Christopher Gray, Director of Transportation gray@wrcog.co.ca.us

WRCOG staff is available to provide a TUMF Nexus Study Update Presentation at any City Council, Chamber of Commerce, and/or Workshop. Please send any requests to gray@wrcog.co.ca.us.

National Innovative Communities Conference

Check out our sneak peek of our day one opening plenary for this year's 2017 NIC Conference:

The 2017 NIC Conference is proud to present a joint keynote address by San Bernardino County Department of Public Health and Riverside University Health System Public Health represented by their directors Trudy Raymundo and Sarah Mack respectively.

The opening plenary panel will be moderated by Tracy Delaney, Ph.D., R.D., founding director of the Public Health Alliance of Southern California. Speakers will focus on the health improvement framework adopted by both San Bernardino and Riverside County. This discussion will also highlight signature counties initiatives such as the Community Vital Signs (CVS) initiative in San Bernardino County and the Riverside County Strategic Health Alliance Pursuing Equity (SHAPE) initiative. Find out what your county is doing to ensure a healthy and thriving community.

If you have not done so already, please register for the conference! Thanks to our sponsors this year’s conference is completely FREE to register, with parking and lunch included. Spots are limited so we encourage everyone to register today.

Stay tuned for updates on more session tracks and renowned speakers. You can find our updates on our website, visit us at www.pic-nicc.org

Register for the 2017 National Walking Summit!

Join planners, architects, advocates, public health leaders, elected officials and many other professionals this fall for the 2017 National Walking Summit in St. Paul, MN, September 13-17. Sponsored by America Walks and the Every Body Walk! Collaborative, the Summit is the premier national event centered on walking and walkability.

We’ll come together with walking advocates to share diverse perspectives, strategies, and best practices for working together to elevate the power of walking and Safe Routes to School in creating healthy, safe, and active communities. Safe Routes to School advocates and practitioners will benefit from an in-depth training on the first day of the conference, as well as program sessions throughout the conference that focus on the link between walking, walkable communities, and Safe Routes to School. Explore the program and register for this exciting event here.
Perris, CA to Stop Serving Sugary Drinks As Default With Kids’ Meals

Statement of CSPI Deputy Director of Nutrition Policy Jessica Almy

For Immediate Release: Wednesday, March 15, 2017
Contact: Jeff Cronin, 202-777-8370 or Ariana Stone, 202-777-8355

[On March 14,] the city of Perris, California passed an ordinance to support parents’ efforts to feed their children well when eating out.

The Perris law ensures that children won’t be served sugary drinks automatically with children’s meals (but families can still order them). Restaurant kids’ meals are intended for little kids, and just one soda exceeds the American Heart Association’s upper limit for added sugars for an entire day for children and teenagers.

Perris joins the cities of Davis and Stockton, which have similar policies.

Norms are changing around soda and other sugary drinks in America. Sugary drinks contribute to an increased risk of developing heart disease and type 2 diabetes. They are no longer served in schools, and restaurants shouldn’t be pushing them on little kids. A growing number of restaurants—including McDonald’s, Burger King, Wendy’s, Dairy Queen, Jack in the Box, and Applebee’s—no longer push sugary drinks on their kids’ menus. Now the restaurants in the city of Perris join them.

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The Center for Science in the Public Interest is a nonprofit health advocacy group based in Washington, DC, that focuses on nutrition and food safety policies.

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Reconnecting Urban Planning and Public Health

By Cassie Owens; via NextCity.org

Dubuque, Iowa, won a $31.5 million grant last week to floodproof 320 houses and build a series of upgrades to its stormwater infrastructure, through HUD’s billion-dollar National Resilience Competition. Mary Rose Corrigan helped to make it happen, but she doesn’t work for the water department. She’s the city’s public health specialist. Corrigan is part of the growing movement to link public health to urban planning in cities.

“It’s come to the forefront in a lot of ways. A lot of my peers and mentors are already [doing this], this is sort of the new status quo, if you will,” says Anthony Smith, the cartographer behind the Healthy City Maps blog. “Now health and well-being are like the new sustainability.”

Anna Ricklin, manager of the American Planning Association’s Planning and Community Health Center, says Dubuque, which has about 60,000 residents, is excelling in this area, pointing to the city as a model for larger U.S. cities. Its size has perhaps allowed it to be “more nimble and more responsive,” she explains, with more freedom to experiment. An APA report commended Dubuque’s comprehensive plan for its consideration of mental health, and noted that since city departments began collaborating, Dubuque has expanded its parklands, built a new pedestrian bridge, paved new sidewalks and run a home improvement initiative for greener dwellings.

Click here to read more.
Our Certified Farmers Market aligns with the mission of the County’s Culture of Health and the CEO’s Goal to improve health and promote livable communities through partnerships, policies, systems and initiatives. It is also one of the strategic goals of the Healthy Riverside County Initiative for healthy eating.

Vendors will be providing: fruits, vegetables, eggs, berries, oils, honey, bread, flowers…and much more!

**County Administrative Center**

**When:**
Every Wednesday from 8:30 am - 1:30 pm

**Where:**
Located in the courtyard of the County Administrative Center (4080 Lemon Street, Riverside, CA 92501), on the corner of Lemon and 10th Street.

**Riverside University Health System - Medical Center**

**When:**
Every Thursday (except major holidays) from 7:30 am - 1:30 pm

**Where:**
Located steps from the Cactus Avenue entrance of the Medical Center (26520 Cactus Avenue, Moreno Valley, CA 9255)

The Riverside County Health Coalition (RCHC) is hosting their second general membership meeting of the year focused on the intersection between behavioral and physical health.

Access to behavioral health services is an essential component of a healthy community. Barriers to care can contribute to poor health outcomes and overall wellbeing. As Riverside County strives to improve health and promote livable communities, multi-sector collaboration is needed to address the web of determinants that influence access to behavioral health services and health outcomes.

This meeting will serve as a platform to:

- Highlight current barriers to access to care for behavioral health services in Riverside County
- Explore innovative solutions and programs for improving access and services for behavioral health care across different life stages
- Strengthen relationships between community public health partners

The outcomes of this meeting will help guide future collaboration in our efforts to create a healthier and more equitable Riverside County.

**When:**
Wednesday, April 19th from 9:45 a.m. to 12:00 p.m.

**Where:**
Moreno Valley Towngate Community Center
13100 Arbor Park Lane
Moreno Valley, CA 92553

Please click [here](#) to RSVP!
Toolbox Tuesday: Demographic Data for Public Health Planning

Toolbox Tuesdays provides a range of practical skills and knowledge for local planning practitioners including training in the use of technology and education for practical approaches to timely issues. All classes and webinars are FREE for staff of SCAG-member local governments and other SCAG partners in Imperial, Los Angeles, Orange, Riverside, San Bernardino and Ventura Counties. Private sector planners, non-profit staff, academics, and students are welcome to attend as long as space is available.

When:  
Tuesday, April 18th from 10:00 am – 12:00 pm

Where:  
Webinar

The planning profession was born from a call to action from public health. What's old is new again and planners are once again tasked with reducing the affects from chronic disease. However, finding the right health data to inform transportation and/or land use projects can be challenging. This webinar will provide an overview of new, free online tools for integrating public health data into planning and policy, particularly assessing chronic disease at the neighborhood level; designing for safety to maximize increasing the rate of physical activity to reduce the risk of chronic disease; successful strategies for communicating with non-health professionals on the project team about the determinants of health; and evaluating design options.

Speakers include:
• Carla Blackmar MCP, Public Health Alliance of Southern California
• Chris Danley, Alta Planning + Design
• Don Kostelec AICP, Alta Planning + Design
• Claudia Tedford, CityPlace Planning
• Chris Saleeba, Alta Planning + Design

To RSVP and receive webinar log-in information, please contact India Brookover at Brookover@scag.ca.gov

SCAG to host Annual Regional Conference - “Innovating for a Better Tomorrow”

Join the Southern California Association of Governments for the 52nd annual Regional Conference and General Assembly. The conference, “Innovating for a Better Tomorrow,” will address strategies for facilitating innovation and maximizing its benefits for the region.

The two-day event will bring together thought leaders and practitioners who are the driving force behind the region’s bright future, featuring panel sessions that closely examine the social and economic impacts of technological progress, the prospect of smart cities and the power of open data. The program will showcase innovative regional problem-solving around issues of transportation infrastructure, affordable housing, economic development and more.

Over 900 state and local elected officials, CEOs, business and civic leaders, transportation and environmental stakeholders, local government staff, and others are expected to attend. The conference will also present the 2017 SCAG Sustainability Awards, the region’s highest honors for projects that promote and improve mobility, livability, prosperity and sustainability in Southern California. A draft conference agenda is available online:
The conference is free for elected officials and city managers in the region. A reduced rate is available for students. For all other attendees, a special early bird registration rate will be available until March 31. For more information and to register, please visit: scag.ca.gov/rga2017.

Riverside County Employee Campaign’s Superhero 5K Run/Walk

The Superhero 5K Run/Walk is a fundraising event for the Riverside County Employee Campaign, and the event is open to everyone! In the spirit of giving and good health, we encourage you to invite your coworkers, friends, family and spread the word!

Come dressed as your favorite superhero for a chance to win the superhero costume contest! Plan to stay for post-race refreshments, opportunity drawings, and more!

When: Saturday, April 29th starting at 8:00am
Where: Rancho Jurupa Park
4800 Crestmore Road
Jurupa Valley, CA 92509

Visit http://www.RivCo5K.org to register, learn more about the course, pricing and review our frequently asked questions.

HealthyPeople.gov
Be Part of the Healthy People 2030 Development Process!

When: April 27, 2017 from 12:00pm to 2:00pm ET
Register here for the webcast.

Register for the third meeting of the Secretary’s Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2030 (Committee).

The Committee will discuss:
• The development of the Nation’s health promotion and disease prevention objectives
• Recommendations for the Healthy People 2030 mission, vision, framework, and organizational structure

This Committee meeting will be held online via webcast and is open to the public.

Join Centers for Disease Control and Prevention (CDC) and other national experts to discuss expanding public transportation, one of the CDC’s Health Impact in Five Years (HI-5) initiative interventions.

When: Wednesday, April 26th at 10:00am – 11:00am
Register here.