The RCHCN mission is to make the healthy choice the easy choice in all Riverside County cities through the advancement of health in all policies.

HCN Connect is dedicated to keep our community informed about the contributions that individuals and organizations are making to improve community and individual health in the Riverside county region.

Let us feature your story, event or resource in HCN Connect!
Do you have a plan, program or endeavor designed to improve your community’s health? Do you have a resource you would like to share with the HCN? Please let us know!

Please submit ideas for the next publication by: March 27, 2017.

Contact
Salomeh Wagaw, MPH
swagaw@rivcocha.org
(951) 358-5557

Miguel A. Vazquez, AICP
mvazquez@rivcocha.org
(951) 358-7171

You are a valued subscriber to HCN Connect. Update your subscription by e-mailing dramirez@rivcocha.org
In the January 2017 HCN Connect issue, development of the National Healthy Communities Platform was announced. Last month, Michael Osur, Riverside University Health System - Public Health’s Assistant Director and Miguel A. Vazquez, Healthy Communities Planner, traveled to Saint Louis MO to join a distinguished group of health and planning practitioners during the Beyond Healthcare Forum held at the 2017 New Partners for Smart Growth Conference. The forum included a stellar panel of speakers including Elizabeth Baca, California Governor’s Office of Planning and Research; Erik Calloway, Changelab Solutions; Michael Osur, Riverside University Health System – Public Health; Katherine Robb, American Public Health Association; David Rouse, American Planning Association; Paul Zykofsky, Local Government Commission. The session was moderated by Miguel A. Vazquez Riverside University Health System – Public Health.

During the forum’s interactive portion, attendees dived into developing the core content of National Healthy Communities Platform first draft. Organizers of this effort plan to unveil the final draft during the 2018 New Partners for Smart Growth Conference.

For more information, please visit [http://platformforhealth.rivcoph.org/](http://platformforhealth.rivcoph.org/)

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Riverside County Active Transportation Network

If you have traveled recently on Monroe Street in the City of Riverside, chances are that you have come across the new pedestrian hybrid beacon (PHB). This traffic control device was installed to provide added safety to pedestrians taking this route. Lawrence Tai, Traffic Engineer for Riverside County Transportation and Land Management Agency (TLMA), gave further insight of the workings of PHBs during the "Moment of Inspiration" segment at the Riverside County Active Transportation Network (RivCoATN) meeting held on February 15th.

Now on its second year of quarterly meetings, the RivCoATN continues to engage transportation stakeholders, including cities, health organizations, community groups and residents to advance its mission, which is:

**To improve the quality of life of Riverside County residents through the expansion of active modes of transportation to create economic opportunities for the communities, improve health conditions and prevent health issues, reduce greenhouse gas emissions, and reduce congestion.**

Please save the date for our upcoming Spring meeting scheduled for May 17, 2017.

If you have any questions or would like more information, contact the RivCoATN co-chairs:

Miguel A. Vazquez, AICP
Riverside University Health System – Public Health
mvazquez@rivcocha.org

Demi Espinoza
Safe Routes to School National Partnership
demi@saferoutespartnership.org
The SHAPE Data Portal

SHAPE Riverside County is sponsored by the Riverside University Health System - Public Health, a department of the County of Riverside. To learn more, please visit: http://www.shaperivco.org/

WHAT DO YOU NEED?
- Health Data
- Demographic Data
- Healthy People 2020 Tracker
- SocioNeeds Index
- Compare Indicators
- Locate Reports
- Find Promising Practices
- Needs Assessment Guide

Caltrans Releases Draft State Bicycle and Pedestrian Plan

FOR IMMEDIATE RELEASE

Caltrans Releases Draft State Bicycle and Pedestrian Plan
Blueprint Details Department’s Plans to Meet Ambitious Active Transportation Goals

SACRAMENTO — Caltrans has released for public review the draft State Bicycle and Pedestrian Plan, which lays out the policies and actions Caltrans and its partner agencies should take to achieve the department’s ambitious statewide goals to double walking and triple bicycling trips by 2020.

“Active transportation is at the nexus of many of our state’s goals, from public health and reducing greenhouse gas emissions to fostering economic development and a sustainable multimodal transportation system,” said Caltrans Director Malcolm Dougherty. “In this plan we are identifying the strategies and actions we can take to create better opportunities for bicycling and walking to thrive across California.”

The draft plan, entitled “Toward an Active California, State Bicycle + Pedestrian Plan,” describes four objectives—safety, mobility, preservation and social equity—with corresponding strategies to bring the plan to reality. The Plan’s intent is to complement local and regional efforts already underway to create and implement their own active transportation networks. The Plan also highlights best practices from places around the world where active networks are increasingly popular.

Caltrans encourages stakeholders and the general public to review the Plan and provide feedback on the document. Stakeholder feedback is critical to ensure that the policies developed through this Plan reflect the diverse needs of all communities throughout the State.

Feedback can be provided during February meetings and webinars that will be held on-line and around the state. In addition, the public may review the plan and submit feedback electronically via a simple online comment tool. The comment period will close on March 10.

The final plan is anticipated to be completed in April of 2017.

For more details about the meetings, webinars and comment tool please visit www.cabikepedplan.org.
Communities in the Running for the Best Complete Streets Policy in 2016

Last year, 130 communities passed Complete Streets policies, and all of them are in the running to win the title of best Complete Streets policy of 2016. Could your town or city be this year's winner?

Any community that passed a Complete Streets policy, ordinance, resolution, or executive order in 2016 is eligible to be included in our annual ranking. If your community passed a policy in 2016 but is not included on this list, send us a copy of your policy by Friday, March 10.

We'll release the full list of scores—including the best policy in the country from last year—later this spring. Congratulations to all the towns and cities on this list. Passing a Complete Streets policy is already a win in our book!

Sincerely,
Emiko Atherton
Director, National Complete Streets Coalition
Smart Growth America

Planners4Health

APA's widely successful Plan4Health program will continue to promote planning for healthy communities and chronic disease prevention in 2017 with Planners4Health. By bridging APA chapters and divisions, Planners4Health offers a new approach to advancing practice at the intersection of public health and planning.

Participating APA chapters will create cross disciplinary task forces to further develop policies, partnerships, and place-based programs connecting health and planning in states and regions. The program serves both as an opportunity to disseminate lessons learned from previous Plan4Health work, and a chance to sustain the health agenda within APA.

Planners4Health Curriculum

A cornerstone of Planners4Health is a six-part curriculum series guiding members through each step of the project. Five of six sessions will be offered via webinar for CM credit. Anyone is welcome to attend the online sessions; please follow the links below to register:

Session One: Assessing the Healthy Communities Landscape
Session Two: What We Measure Matters: Metrics, Data, Sources, and Methodologies
Session Three: Applying an Equity Lens
Session Four: Building Coalitions and Engaging the Community (closed session for grantees at NPC)
Session Five: Communications: Framing, Messaging, and Marketing
Session Six: Sustaining Momentum

APA is grateful for support from the Prevention Institute to develop this series. The Prevention Institute is a non-profit organization based in Oakland, CA bringing cutting-edge research, practice, and analysis to today’s most pressing health and safety concerns.

PG&E’s Resilient Communities Grant Program

PG&E Opens $1 Million Grant Program to Support Local Climate Change Resilience Planning

Through the program, PG&E will invest $1 million over five years – or $200,000 per year – in shareholder-funded grants to help communities better prepare for, withstand, and recover from extreme events and other risks related to climate change. This year, the company is calling for proposals that will build healthy and resilient forests and watersheds to help communities prevent and prepare for increasing wildfire risk.

For additional details, including how to apply, visit www.pge.com/resiliencegrants. Applications are due by May 12, 2017.
National Innovative Communities Conference

Call for Presenters is now OPEN!

Partners for Innovative Communities is happy to announce that our Eighth Annual National Innovative Communities Conference is now accepting proposals for 2017 workshop presenters. Each year we continue to grow, with over 1,600 attendees in 2016. Those who attend will participate in presentations that will connect them with community leaders, parents, teachers, law enforcement, and many more for community unification and transformation.

The Eighth Annual Conference will be held on **May 23rd and 24th**, and is open to individuals from throughout the United States. Our goal is to connect ideas, leaders, communities, and resources to each other for health and wellness innovation and transformation. We encourage all presenters to create a dialogue among attendees, through dynamic and interactive presentations. Presenters are asked to emphasize programs or approaches that are easy to implement and easy to connect across a broad spectrum of attendees.

We are looking for unique, creative and innovative topics to have as breakout sessions for this year’s conference. Our theme this year is **Connect, Unite, Transform**, highlighting topics focused on

- Access to Health and Wellness in our Communities
- Education
- Safety
- Economic Development

All applications must be submitted through the link below. Please do not fax, email or mail the applications as they will only be accepted through the link and website provided below.

**Application for speakers:** [https://tinyurl.com/2017NICC-CFP](https://tinyurl.com/2017NICC-CFP)

The deadline to complete the call for presenter’s proposals is **Friday April 7, 2017 at 5pm**.
Applicants selected to be a presenter will be notified by Friday April 28th 2017.

For more information and to review our past conferences, please visit us at [www.pic-nicc.org](http://www.pic-nicc.org) or connect with your Conference Coordinators, Julie Duarte: [julie@we-reachout.org](mailto:julie@we-reachout.org) or Melinda De Jesus: [melinda@we-reachout.org](mailto:melinda@we-reachout.org)

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Affordable Housing Sustainable Communities Update

Thank you for your participation or interest in one of SCAG’s “Workshops for Local Leaders to Secure More Cap-and-Trade Dollars” that were held across the region in late 2016. At those workshops we brought together stakeholders to discuss how to encourage the partnerships needed to compete for Affordable Housing Sustainable Communities (AHSC) funds. We heard program details from Strategic Growth Council (SGC) staff and learned about different approaches to density from the Local Government Commission (LGC).

While the staff at the SGC continues to prepare revised program guidelines for Round 3, we at the Southern California Association of Governments (SCAG) want to ensure that the conversation that we started late last year continues to move forward by sharing the following details and next steps:

- **AHSC Round Three:**
  Draft guidelines are expected to be available in March 2017
  Notice of Funding Availability anticipated in June/July 2017
- **Capacity Building:**
  SCAG along with our technical assistance team of consultants will host another round of workshops to help identify opportunities and partnerships for future funding rounds of AHSC. Look for a save-the-date in the coming weeks.
Upcoming Meetings/Events

County of Riverside
Certified Farmer’s Market

Our Certified Farmers Market aligns with the mission of the County’s Culture of Health and the CEO’s Goal to improve health and promote livable communities through partnerships, policies, systems and initiatives. It is also one of the strategic goals of the Healthy Riverside County Initiative for healthy eating.

Vendors will be providing: fruits, vegetables, eggs, berries, oils, honey, bread, flowers…and much more!

County Administrative Center

**When:** Every Wednesday from 8:30 am - 1:30 pm

**Where:** Located in the courtyard of the County Administrative Center (4080 Lemon Street, Riverside, CA 92501), on the corner of Lemon and 10th Street.

Riverside University Health System - Medical Center

**When:** Every Thursday (except major holidays) from 7:30 am - 1:30 pm

**Where:** Located steps from the Cactus Avenue entrance of the Medical Center (26520 Cactus Avenue, Moreno Valley, CA 9255)

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Future of Cities: Seeking Health + Sustainability Conference 2017

The 2017 Future of Cities Conference, jointly hosted by the Western Riverside Council of Governments, UCR Center for Sustainable Suburban Development, and the Inland Empire Section of the APA will focus on the nexus between health, economy, and sustainability with transportation, the built environment, and changing demographics. The conference will include three moderated panel discussions focused on distilling insights in these topics and highlighting opportunities to turn lessons into action.

- **The Future of Communities Panel** will cover development of the built environment, paying special attention to the rapid growth anticipated for the region, historic patterns of sprawl, and opportunities to institute best practices.
- **The Future of Transportation Panel** will cover best practices and how to prepare for and/or encourage active transportation, transit, and autonomous vehicles.
- **The Future of People Panel** will discuss changing demographics with a focus on the wants, needs, habits, and misconceptions of millennials.

**When:** Wednesday, March 15th from 8:00am - 2:00pm

**Where:** UCR Bourns Technology Center Auditorium
1084 Columbia Avenue, Riverside, CA, 92507

[Register here.](#)

If you have any questions or concerns about this event or have any issues registering, please call or email Andrea Howard at (951) 955-8515 or Howard@wrcog.cog.ca.us.

Attention AICP Certification Holders: Attendees are eligible for 4 CM Credits.
The SCAG Public Health Working Group provides a forum for public health stakeholders throughout the region to convene and provide comments and recommendations for the promotion of public health in transportation and land use planning. The working group will serve as a platform for SCAG to receive feedback related to the implementation of the 2016-2040 RTP/SCS and prepare for the 2020 RTP/SCS. Meetings will occur on an ad hoc quarterly basis and are open to agency staff, elected officials, and the public.

**When:**
Thursday, March 30th from 2:00pm - 4:00pm

**Where:**
Video conferencing will be available at SCAG’s regional offices in Imperial, Orange, Riverside, San Bernardino, Ventura counties, and in the Palmdale (upon request) videoconference site.

Those unable to join in person can also join via webinar using the following information:

To join the meeting: [http://scag.adobeconnect.com/atp](http://scag.adobeconnect.com/atp)
Conference Number: 1-800-832-0736
MeetingOne Conference Room Number: 7334636

Meeting materials will be sent out prior to the workshop and posted online after the meeting for those not able to attend. If you have any questions, please contact Rye Baerg (213-236-1866 or baerg@scag.ca.gov).

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**5th Annual Conference**

**It’s Time…to Talk About It!**

This **one day conference**, focusing on sexual assault and child abuse issues, is designed for health care professionals, first responders, law enforcement, attorneys, social workers, mental health professionals, and advocates working with survivors of abuse. Bring the camera you use at work for an interactive Forensic Photography primer.

**OBJECTIVES**
- Practice techniques for successful forensic photography
- Describe the basics of trauma-informed care of survivors of abuse
- Discuss the effects of abuse on children within the education system
- Describe the cardinal signs and dangers of strangulation on the adult/adolescent population system

**When:**
Friday, April 7th from 8:00am - 4:30pm

**Where:**
Moreno Valley Conference and Recreation Center
14075 Frederick Street, Moreno Valley, CA, 92553

**Registration Information:**
$50 before March 23rd | $75 after March 23rd (Continental breakfast and lunch included.)
For more information call (951) 486-5514 or (951)486-6407. Earn CEs.
Register [here](#).
**Healthy Living Extravaganza**

Join the City of Jurupa Valley, Healthy Riverside County, and RivCoParks as they present the Healthy Living Extravaganza and find out how to begin your journey towards a new healthy lifestyle!

Being healthy and strong is a lifelong journey, so you don’t have to rush. The Healthy Living Extravaganza will provide you with the tools you need to make better decisions about your health.

FREE health screenings, nutrition and meal planning, opportunity drawings, kids zone, entertainment and more will be offered throughout the event. The Healthy Living Extravaganza is beneficial for all ages; bring the whole family and learn about available services.

**When:**
Saturday, April 8th from 10:00am – 3:00pm

**Where:**
Rancho Jurupa Park
4800 Crestmore Road
Jurupa Valley, CA 92509

For additional information about the event, or if you are interested in becoming a vendor, please visit [www.HealthyLivingExtravaganza.com](http://www.HealthyLivingExtravaganza.com).

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**Riverside County Employee Campaign’s Superhero 5K Run/Walk**

The Superhero 5K Run/Walk is a fundraising event for the Riverside County Employee Campaign, and the event is open to everyone! In the spirit of giving and good health, we encourage you to invite your coworkers, friends, family and spread the word!

Come dressed as your favorite superhero for a chance to win the superhero costume contest! Plan to stay for post-race refreshments, opportunity drawings, and more!

**When:**
Saturday, April 29th starting at 8:00am

**Where:**
Rancho Jurupa Park
4800 Crestmore Road
Jurupa Valley, CA 92509

Visit [http://www.RivCo5K.org](http://www.RivCo5K.org) to register, learn more about the course, pricing and review our frequently asked questions.

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**Spotlight on Hope Film Camp Red Carpet Screening**

**When:**
Thursday, April 6th
- Sign-in: 5:15pm – 5:45pm
- Screening: 6:00pm – 7:00pm

**Where:**
Culver Center of the Arts at UCR ARTSblock
3824 Main Street
Riverside, CA 92501

Please RSVP to 951.233.0577

The event is open to all. Seating is limited. Free parking is available after 5 pm in any of the parking garages. Attire: Semi-formal.

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**Innovative Bicycling Programs for Youth Webinar**

This webinar will explore creative and effective innovations happening in the realm of young people and bicycling. Speakers will discuss programming and education efforts that relate to youth bicycling and describe successful programs.

**When:**
Wednesday, March 29th at 10:00am – 11:00am

Register [here](#).
Healthy Jurupa Valley Community Meeting

Healthy Jurupa Valley’s mission is to inspire residents to ignite change, bring greater health, safety and quality of life to everyone in the city.

**When:**
1st Tuesday of the month from 8:45am – 11:00am

**Where:**
Crestmore Manor Carriage House
4600 Crestmore Road
Jurupa Valley, 92509 CA

To learn more about each of the five Action Teams, please visit: [http://bit.ly/2falLLg](http://bit.ly/2falLLg)

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AMERICA WALKS Making America a Great Place to Walk

Advancing Neighborhood Change Through Equity and Inclusion

Walkability is at the cornerstone of creating neighborhoods that are vital and vibrant, allowing all members of a community to enjoy health, social and economic benefits in a variety of forms. In this webinar we will aim to look at how to protect and promote the identity and culture of a community, while making room for new development and change.

We will feature an example of a community lead equitable development plan, will provide a toolkit of approaches used to prevent displacement and make sure that evolving communities remain affordable and diverse, and hear how affordable housing developers have re-oriented their efforts to build whole communities, by supporting small businesses, protecting the culture of a place, and re-asserting the primacy of resident engagement and the importance of listening.

**When:**
March 21st at 1:00pm – 2:00pm.
Register [here](http).

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Who’s Leading the Leading Health Indicators?
Webinar: Mental Health

Join us to learn about progress made toward achieving the Healthy People 2020 Mental Health Leading Health Indicators. You’ll also hear how one community organization is implementing the Sources of Strength Program to prevent suicide among youth.

**When:**
March 23rd at 9:00am – 10:00am
Register [here](http).

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Spring Fire Up Your Feet Challenge

The Safe Routes to School National Partnership makes it easy for your school to get motivated to be active when you participate in the Fire Up Your Feet Activity Challenge! It’s free to participate, and schools could win cash awards to support walking, biking, and physical activity programs.

- Spring Activity Challenge dates:
  April 15-May 15 in California

Visit [fireupyourfeet.org](http://fireupyourfeet.org) to sign up today!

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Sand to Snow National Monument

Come and celebrate the 1st anniversary of the monument through a pop-up photo exhibition!

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Thank you for reading HCN Connect!