“The RCHCN mission is to make the healthy choice the easy choice in all Riverside County cities through the advancement of health in all policies.”

HCN Connect
News and More

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Let us feature your story, event or resource in HCN Connect!

Do you have a plan, program or endeavor designed to improve your community’s health? Do you have a resource you would like to share with the HCN? Please let us know!

Please submit ideas for the next publication by: July 24, 2017.

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On June 15, 2017 the Riverside University Health System - Public Health (RUHS-PH) and First 5 Riverside hosted ‘Building Resilient Communities: A Town Hall Meeting’ on Adverse Childhood Experiences (ACEs). The purpose of this event was to promote awareness of adverse childhood experiences and to identify innovative strategies to fortify resilience in our community.

Among the speakers was Riverside County Executive Officer, George Johnson; Gabriella Grant, Director, California Center of Excellence for Trauma Informed Care; Dr. Moria Szilagyi, Professor of Pediatrics, Center for Healthier Children, Families & Communities, UCLA; and Ruben Cantu, Program Manager, Prevention Institute. More than 250 guests attended the Town Hall meeting from various sectors, some of which included public health, environmental health, education, behavioral health, non-profit organizations, government and social services.

Some of the key themes discussed at the event included:

· Childhood trauma can create toxic stress, which can influence an individual’s brain chemistry, immune system and emotional development. Trauma experienced early on in life can lead to poor health outcomes later in life such as heart disease, diabetes and premature death.

· Riverside County ranks among highest in prevalence of ACEs in California. ACEs can affect anyone regardless of race/ethnicity, socioeconomic status or education.

· Multiple sectors have a role in addressing trauma and resilience at the individual and the community level. Addressing resilience requires us to work outside of our silos.

· There is hope! While prevention is key, there are innovative strategies to address trauma and build resilience later on in life.

The presentations from the Town Hall meeting are posted on the Riverside County Health Coalition website.

In order to spark action after the Town Hall meeting, the Riverside County Health Coalition (RCHC) will host Connecting & Investing in People: Developing a Resilient Community from 9 a.m. to noon on Wednesday, July 19, 2017. This meeting will serve as a platform to explore innovative solutions to build resiliency and to develop a road map for future collaboration between County and community entities.

For more information, please contact:
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By Clarence Eckerson Jr.; via Streetfilms.org

Go Human is a community outreach and advertising campaign with the goals of reducing traffic collisions in Southern California and encouraging people to walk and bike more. Developed by the Southern California Association of Governments, Go Human implements open streets and pop up events throughout the Southern California region.

Recently in Riverside, the Go Human campaign employed Street Plans & Alta Planning to help install temporary tactical urban installations at two intersections and develop and implement a three-week pilot for a pedestrian scramble on Mission Inn Avenue and Market Street, considered to be the gateway to the city of Riverside. These efforts are a fun way to help educate and inform city residents while gathering feedback both visual (from city engineers) and written (from users) at kiosks set up by Go Human. The quick feedback in our Streetfilm shows people seem to love the idea!

Over the years, also known as the Barnes Dance and Diagonal Crosswalks, the NYC Council recently passed legislation that would require having the NYC Dept. of Transportation bring 25 such treatments to high-crash, dangerous intersections in the city. This is great news.

While Pedestrian Scrambles are an effective implementation in very complicated, high volume places, Leading Pedestrian Intervals (LPIs) - where pedestrians get a 5 to 7 second head start on traffic - are also extremely effective and can be done with a flip of the switch. NYC DOT has installed many of these in my neighborhood in the past few years.

All in all, the more tools to slow cars and tame the streets, the better.

To see a video of the Riverside’s Go Human installation, please click [here](http://www.streerivco.org/).
Applications are now open for its first-ever Safe Streets Academy

The National Complete Streets Coalition is pleased to announce its brand new Safe Streets Academy, a program designed to help jurisdictions transform their commitment to traffic safety into practice.

The year-long Academy will bring together engineers, planners, and related professionals from three jurisdictions for an intensive, hands-on training on interventions to address traffic safety. The Academy will include three in-person workshops, one in each of the recipient jurisdictions. All members of the Academy will receive travel stipends to attend all of the trainings, with real-world examples based in each community. Between the in-person trainings, staff will host distance-learning sessions with the Academy members to help them make steady progress toward their goals.

This new opportunity is available at no cost to jurisdictions thanks to a Safe Systems Innovation Grant from the Road to Zero Coalition.

Applications may be submitted until Sunday, July 16 at 11:59 PM EDT.

USDN | raimi+associates

Guide to Equity Community-Driven Climate Preparedness Planning

Raimi + Associates collaborated with the Urban Sustainability Directors Network (USDN) and many member cities including Seattle and Baltimore to create the newly released "Guide to Equitable, Community-Driven Climate Preparedness Planning."

The document offers guidance to local governments in designing and implementing a more inclusive, equitable climate preparedness planning process. It highlights both shorter-term measures that prepare communities for climate change hazards and longer-term actions aimed at addressing institutional and structural inequities (the sources of increased climate risk in front line communities).

Please share widely with any colleagues interested in climate change, health and equity.

If you have any questions, please contact:
Beth Altshuler, MCP MPH CPH
Senior Associate | Raimi+Associates
beth@raimiassociates.com

Summer Meals Sites

Find a Summer Meals site near you!

Now that summer break is here, free meals are offered at many community locations throughout Riverside County for children under the age of 18.

Text “Food” or “Comida” to 877-877 or call 211.

Please distribute the information to your agency and partners in order to help connect children to healthy meals throughout the summer break. To get a complete list of sites or for more information, please contact Andrea Morey with Nutrition Services at amorey@rivcocha.org or (951) 358-5985.
**The BLOCK Project**

**ChangeLab Solutions** introduces the **BLOCK Project**, an initiative exploring the intersection of housing and health. The BLOCK Project examines how housing policies and practices exacerbate health inequities, and identifies promising solutions.

Decades of research have shown that safe, stable, affordable housing sets the foundation for health. Housing located near good schools, high-quality jobs, healthy food, safe parks and dependable transportation can ensure communities prosper and thrive. Yet, housing policies have not been guided by a vision of healthy and equitable communities.

Instead, many housing policies reinforce discrimination and economic exclusion, leading to disinvestment and inequitable health outcomes. These forces have compounded health disparities and made it difficult for local governments and institutions to ensure the health and well-being of all residents.

**Join the Health & Housing Conversation**

By joining the conversation about health and housing, we hope to amplify calls for housing that promotes equity, belonging, sustainability and health. Our BLOCK pieces are posted in entirety as a Medium publication that we're using to help ignite the conversation about what it takes to make healthy and equitable housing a reality in this country. Follow ChangeLab Solutions on Medium for future BLOCK Project updates and subscribe to our emails for updates on all of ChangeLab Solutions' projects.

If you currently work on local housing issues, please participate in our Health and Housing Community Survey to help us identify troublesome trends in local housing markets and learn more about your efforts to link health and housing.

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**ENTERPRISE RESILIENCE DESIGN GRANTS PROGRAM**

We are excited to announce a new grant opportunity; applications are now open for Enterprise’s [Design for Resilience](https://www.enterprisecommunity.org) grant program.

This program provides $10,000, technical assistance, and a peer network in order to build the capacity of affordable housing organizations to assess property vulnerabilities due to climate, and then to identify and implement meaningful actions in response. Applicants should apply with a specific property in mind on which they will implement this work between August – December of this year. There will be five grants awarded, and responses to this RFP must be submitted electronically by 11:59 p.m. ET on July 21, 2017 via SlideRoom.

Across the nation, heatwaves, droughts and floods have become more frequent and more severe, increasing risks to people, homes, and infrastructure. Low-income communities are on the front lines of this damage, and they continue to be the most vulnerable. Short-term displacement from affordable housing units can lead to long-term homelessness, temporary business closures can lead to a neighborhood-level economic downturn, and disruption of community services can lead to an extended loss of service continuity. Investing in at-risk housing infrastructure before disaster strikes is one of the most cost-effective ways to protect residents and property while strengthening their ability to weather the severe storms ahead.

Contact resilience@enterprisecommunity.org. And, please register for our webinar which will be held Monday, July 10 at 4 p.m. PT for an overview of the program and an opportunity to address your questions on the application process.
Our Certified Farmers Market aligns with the mission of the County’s Culture of Health and the CEO’s Goal to improve health and promote livable communities through partnerships, policies, systems and initiatives. It is also one of the strategic goals of the Healthy Riverside County Initiative for healthy eating.

Vendors will provide: fruits, vegetables, eggs, berries, oils, honey, bread, flowers...and much more!

**County Administrative Center**

**When:**
Every Wednesday from 8:30 a.m. - 1:30 p.m.

**Where:**
Located in the courtyard of the County Administrative Center (4080 Lemon Street, Riverside, CA 92501), on the corner of Lemon and 10th Street

**Riverside University Health System - Medical Center**

**When:**
Every Thursday (except major holidays) from 7:30 a.m. - 1:30 p.m.

**Where:**
Located steps from the Cactus Avenue entrance of the Medical Center (26520 Cactus Avenue, Moreno Valley, CA 9255)

**Riverside County Health Coalition General Membership Meeting**

This meeting will focus on the Connecting & Investing in People priority area of the Community Health Improvement Plan (CHIP) while also continuing the discussion from the Building Resilient Communities Town Hall event held on June 15, 2017.

Developing a resilient community requires inter-disciplinary partnerships in order to connect people to care, invest in education and build supportive environments for early and late life experiences. This meeting will serve as a platform to explore innovative solutions to build resiliency and to develop a road map for future collaboration between County and community entities.

**When:**
Wednesday, July 19 from 9 a.m. - noon

**Where:**
Moreno Valley Towngate Center
13100 Arbor Park Lane
Moreno Valley, CA 92553

Click [here](#) to RSVP!
Communicating Climate Change as a Public Health Issue

San Luis Obispo Public Health Department is hosting a four-part webinar series on Communicating Climate Change as a Public Health Issue. The series will feature internationally-recognized experts and innovative on-the-ground leaders discussing a range of issues critical to public health departments as they grapple with climate change impacts with limited funding and support. Each webinar will feature real-life examples and practical recommendations for increasing the impact of climate and health communications.

1st Webinar - TELLING THE CLIMATE CHANGE STORY

Join internationally-recognized specialist Susan Joy Hassol for a dynamic conversation on best practices for climate communications. Guided by her decades of experience as Director of Climate Communication, Susan will address the range of climate communication issues, the latest science, the most important issues in the current political environment, and the powerful connection between climate change and human health.

Featuring Susan Joy Hassol, Director, Climate Communication
Welcome by Dr. Penny Borenstein, Health Officer, County of San Luis Obispo

When: Wednesday, July 19th from 10 a.m. – 11:30 a.m. PDT


If you have any questions, you can email Kathleen Karle at kkarle@co.slo.ca.us.

Active Transportation Resource Center (ATRC)

How Metropolitan Planning Organizations (MPOs) Are Supporting Active Transportation Education, Encouragement, and Enforcement Efforts in California: A Facilitated Discussion

Join the Active Transportation Resource Center (ATRC) for a facilitated discussion via teleconference. This teleconference presents a unique opportunity for Caltrans Active Transportation Program (ATP) non-infrastructure (NI) and combination NI + infrastructure (I) projects, and other interested stakeholders, to learn from a diverse panel of ATP-funded MPO representatives how MPOs are supporting local and regional active transportation NI efforts and engaging communities in active transportation education and encouragement activities. Panelists will briefly share their NI regional initiatives and any specific resources, considerations, challenges and solutions in implementing and sustaining NI active transportation efforts. Opportunities for questions and discussion will be incorporated into the teleconference. This teleconference will be hosted and facilitated by the Caltrans ATRC team from the California Department of Public Health.

When: Wednesday, July 27, 2017 from 2-3:30 p.m.

Where: Advance registration is required. Please respond to this email or send a message to ATSP@cdph.ca.gov by July 21, 2017 if you plan to participate.

Submission of Questions (optional):
We invite you to submit a question(s) for the panel no later than July 20 to allow for sufficient panelist preparation time. Send your question(s) to ATSP@cdph.ca.gov.
**Volunteers Needed**

Help create the *1st Public Art Mural* for Downtown Rubidoux! All ages, no painting experience needed!

**When:**
Saturday, July 1, 2017
Come anytime between 9 a.m.–6 p.m.

**Where:**
Tacos Los Compadres
5598 Mission Blvd.
Jurupa Valley, CA

Road Closure:
Mission & Rubidoux
9 a.m. – 6 p.m.

For more information contact Josie Gaytan at (951)261-4334 or at josie@we-reachout.org

To learn more about each of the five Action Teams, please visit: http://bit.ly/2falLLg or Facebook: @HealthyJurupaValley

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**Webinar: Designing Data Tools for Health Equity Action**

Over the past decade alone, web technology has vastly increased data availability, and community innovators have created new tools for accessing, visualizing, analyzing and sharing relevant data to advance equity-focused policies and investments. From local tools like the Metro Atlanta Equity Atlas, which connects local leaders to timely data across eight key areas of community well-being, to national tools like Mapping Police Violence, which provides interactive maps and charts on officer-involved deaths of community members, online data tools are equipping advocates, policymakers, funders and the public with relevant data to advance health equity and move policy across a range of issue areas.

Join us, live from Portland, for a panel discussion with national leaders who are using and designing data tools to drive health equity and community action.

**When:**
Monday, July 10th, 2017 from 11 a.m.–noon PT

**Where:**
To register, click here.

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**SAVE THE DATE**

**Planning for Health:**
Cross-Sector Collaboration to Achieve Healthy Communities for All

This convening will focus on opportunities to enhance cross-sector collaborations to address shared goals for healthy, equitable and sustainable communities. Regional case stories will illustrate concrete, practical strategies used to unite leaders in planning, community development, and public health, along with community organizations to create healthy built environments. Participants will have numerous opportunities to discuss with their own teams and with other jurisdictions how to apply these strategies in their communities.

To register, click here.

**When:**
August 30-31, 2017

**Where:**
The Mission Inn Hotel & Spa
3649 Mission Inn Avenue
Riverside, CA 92501

For more information, contact Mary Anne Morgan at maryannemorgan2@gmail.com or (510)52-9584.