Healthy City Resolution Toolkit: A Practical Guide to Adopting a Healthy City Resolution in Riverside County

For more information, contact:
Riverside County Health Coalition
(951) 358-5557
www.healthyriversidecounty.org
January 2014
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Introduction

The Healthy City Resolution

Local governments are working to act on behalf of the health and wellbeing of the communities they serve and represent. They can be described as “agents of change” because every decision they make on a daily basis will have an impact on their community’s health. The impact may be significant or insignificant, positive or negative, citywide or at a neighborhood scale. Local governments now have at their disposition a document to systematically guide them through decisions that can positively enhance their community’s health: The Healthy City Resolution.

A Healthy City Resolution encapsulates the determination of a decision-making body to ensure that health is incorporated into planning processes, programs and community interventions at the neighborhood level. A Healthy City Resolution is a set of statements and commitments serving a platform to take actions that would be beneficial to the community’s health. A resolution also presents the opportunity for local governments, community organizations, and residents to address community health issues in a partnership.
Background

In 2011, the Riverside County Board of Supervisors adopted a Healthy Riverside County Resolution with the intent of addressing some of the most challenging health issues. This Resolution has enabled the County to collaborate with traditional and non-traditional partners to create healthy communities. Cities in Riverside County are considered partners in achieving regional healthier outcomes. The adoption of a Healthy City Resolution is one of the first steps in this solidifying collaboration.

The Toolkit

The Healthy City Resolution Toolkit provides useful materials for health champions to effectively work with local governments to incorporate health into the decision making process. The Toolkit helps to convince government leaders including elected officials, city managers, community development and planning departments that health is paramount for a livable community and to commit to take actions that will lead to positive health outcomes.

The Toolkit contains background information and samples of resolutions that place an emphasis on health impacts of the built environment. The entire Toolkit is available online at: 
http://healthyriversidecounty.org/home/index.php/building/healthy-riverside-resolution
Community Involvement

The key to the success and sustainability of a Healthy City Resolution is community interest, enthusiasm, and participation. In order for a city to have a meaningful Resolution that is more than mere words on a document, it is essential that the residents be an ongoing part of its development and implementation.

Healthy City Resolutions can be customized to any community depending on the vision of the residents. The vision of health encompasses components like safe and walkable neighborhoods, access to healthy foods, complete streets, trail systems, access to medical care, arts and culture, economic prosperity and more. City specific policies can be created from resident visioning sessions concentrating on these components.

The Healthy City Resolution then becomes a document expressing the community’s ideas of what defines a Healthy City and what they would like their city to become.
Why Adopt a Healthy City Resolution?

By adopting a Healthy City Resolution, your city will be primed to reap the many benefits of a healthy community.

- Improved quality of life for residents through active lifestyles
- Cost savings through employee wellness policies and health incentives
- Improved community connections and civic life through community interactions in parks and public places
- Neighborhood recreation options that help keep youth active and engaged in healthy activities
- Better student academic performance: Healthy children perform better in school, allowing them a greater chance to contribute to their community’s economic vitality
- Greater life expectancy for the next generation than predicted under current circumstances in underprivileged neighborhoods
- Increased tourism by the creation of attractive destinations that offer healthy food options, opportunity for physical activity, and community culture
- Reduced vehicle miles leading to decreased traffic congestion and improved air quality as a result of increased use of active transportation
Who We Are

I. The Riverside County Health Coalition and its Mission

The Riverside County Health Coalition (RCHC) was established in 2009 with the mission to:

- **Work collaboratively** to identify and support solutions to combat obesity, poor nutrition and physical inactivity
- **Improve the overall health** of Riverside County residents
- **Enhance the collective capacity** of Riverside County’s community to address these risk factors.

*RCHC is a public/private partnership* that gathers, supports, and mobilizes partners from multiple domains; provides leadership and vision; and coordinates county-wide efforts in the promotion of healthier living throughout our county. Members represent both public and private sectors, including various county agencies, school districts and colleges, and local and regional foundations. Members also represent community businesses, local cities, local health clinics and medical organizations, and local Medi-Cal managed care health plans.

*RCHC, in collaboration with the Department of Public Health, works to institutionalize policy change and establish initiatives* for obesity prevention, physical activity, and healthy eating. RCHC works to develop a long-term blueprint for generating major policy change that will be necessary to effectively deal with these public health concerns.
The coalition is comprised of two active workgroups:

1. Healthy City Resolution

2. Healthy Food Access

These workgroups work to leverage existing efforts and make sustainable change within their domains. RCHC has secured funding from Kaiser Foundation Hospitals to build capacity and sustainability of the coalition.

A strategic planning process took place in late 2012 and two priorities emerged:

**Mobilize at least 15 cities** to adopt a Healthy City Resolution within 12 months.

**Increase access and availability of healthy food outlets** with fresh, nutritious, affordable food by 20% within 24 months.
II. Riverside County Health Coalition Organizational Chart

Riverside County Health Coalition

WORKGROUP 1
Healthy City Resolution
- Relationship Building Subcommittee

WORKGROUP 2
Healthy Food Access
- Toolkit Subcommittee
Healthy City Resolution Template

The following draft resolution provides a menu of potential Healthy City statements. Cities are welcome to modify the resolution based on local conditions and policy actions suitable for their city. The Riverside County Health Coalition members are available to assist cities in crafting appropriate language.
RESOLUTION NO. __ SETTING FORTH [YOUR MUNICIPALITY]'S COMMITMENT TO OBESITY PREVENTION

WHEREAS CLAUSES

A draft resolution should include “findings of fact” supporting the need for the city to pass a Healthy City Resolution. In this case, the findings document the need for obesity prevention strategies. Some possible findings are listed below as “Whereas” clauses. Cities can choose the clauses that are the most relevant for their municipality.

WHEREAS, the City Council of [INSERT NAME OF CITY] supports policies that focus on health and wellness and healthier lifestyles in all communities; and

WHEREAS, many agencies have adopted policies and programs that promote healthy lifestyles by making their communities walkable, promoting physical activity, encouraging access to fresh foods and vegetables in city, county, or school facilities; and

WHEREAS, there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in the rate of obesity and its negative health-related impacts and cost; and

WHEREAS, breastfeeding results in many health, developmental, social, and economic benefits for infants, mothers, families, and the community; and

WHEREAS, the City Council of [INSERT NAME OF CITY] and other community partners can work together to understand the relationship between obesity, land-use policies, development, and community planning; and

WHEREAS, the City Council of [INSERT NAME OF CITY] and other community partners can work together to ensure that there are safe places for residents to be active such as parks, ball fields, pools, gyms, and recreation centers; and

WHEREAS, the City Council of [INSERT NAME OF CITY] supports the development of healthy neighborhoods that provide places where walking and bicycling are safe and convenient for all residents; locally grown, affordable, accessible and nutritious food; and a place where residents live in a clean, optimal environment free of hazards or pollutants; and
WHEREAS, our health is affected by where we live, work and play; and in order for our communities to be healthy, we need to live in healthy communities; and

WHEREAS, regional collaboration leads to developing and forging strong relationships, communities can maximize resources ensuring that healthier community development occurs.

WHEREAS, local schools play a significant role in enhancing neighborhood health and safety, the city should commit to provide continuous support in assuring that children have safe routes to schools.

WHEREAS, <add pertinent local conditions and/or current efforts to address the obesity epidemic>;

NOW, THEREFORE, BE IT RESOLVED by the City Council of [INSERT NAME OF CITY] that all city departments and agencies are encouraged to: (A) Promote and support active transportation and physical activity; (B) Support joint use of facilities throughout communities in Riverside County which enhance physical activity; and (C) Develop policies to provide access to healthy and affordable foods; and

BE IT FURTHER RESOLVED that the City Council of [INSERT NAME OF CITY] will work with other cities, County departments, community partners, and regional agencies to adopt preventive measures, develop initiatives and programs to fight obesity and chronic disease, and create or support existing coalitions, such as the Riverside County Health Coalition, which collectively advance community health and wellness.

I. Built Environment

POLICY GOALS: Built Environment

Select your city’s specific Built Environment policy goals from among the following menu.

Modify, add or delete items according to city priorities.

BE IT FURTHER RESOLVED that the City Council of [INSERT NAME OF CITY] planners, engineers, park and recreation department, community economic and redevelopment personnel responsible for the design and construction of parks, neighborhoods, streets, and business areas, should make every effort to:

- Prioritize capital improvements projects to increase the opportunities for physical activity;
- Plan and construct a built environment that encourages walking, biking and
other forms of physical activity;
- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail;
- Establish and/or maintain a robust Safe Routes to School Program in every school site;
- Expand community access to indoor and outdoor public facilities through shared use agreements with schools and/or other partners;
- Revise general plans and zoning ordinances to increase opportunities for physical activity wherever and whenever possible, including complete streets policies, compact, mixed-use and transit-oriented development;
- Include health goals and policies related to physical activity in the general plan update and specific area plans;
- Encourage submission of development project proposals that demonstrate favorable impact on resident and employee physical activity;
- Encourage equitable access to healthy foods and physical activity facilities or resources and adopt strategies to remedy inequities.

II. Healthy Food Access

POLICY GOALS: Healthy Food Access

*Select your city’s specific Healthy Food Access policy goals from among the following menu.*

*Modify, add or delete items according to city priorities.*

BE IT FURTHER RESOLVED that the City Council of [INSERT NAME OF CITY] planners, community economic personnel responsible for the design and of parks, neighborhoods, streets, and business areas, should make every effort to:

- Facilitate the siting of new grocery stores, community gardens and farmers markets in underserved communities to increase access to healthy food, including fresh fruits and vegetables;
- Revise general plans and zoning ordinances to increase opportunities for access to healthy foods wherever and whenever possible, including prioritizing healthy food retail in compact, mixed-use and transit-oriented development policies, proposals and projects;
- Include health goals and policies related to access to healthy food in the general plan update;
- Encourage submission of development project proposals to increase access to healthy foods;
- Optimize access to healthy food options;
- Examine racial, ethnic, and socio-economic disparities in access to healthy foods and adopt strategies to remedy these inequities;
Foster an environment of acceptance and support for breastfeeding mothers throughout the City.

III. Employee Wellness

**POLICY GOALS: Employee Wellness**

Select your city’s specific Employee Wellness policy goals from among the following menu.

Modify, add or delete items according to city priorities.

BE IT FURTHER RESOLVED that in order to promote wellness within [INSERT NAME OF CITY], and to set an example for other businesses, [INSERT NAME OF CITY] pledges to adopt and implement an employee wellness policy that will:

- Offer employee health incentives for healthy eating and physical activity;
- Establish physical activity breaks for meetings over one hour in length;
- Accommodate breastfeeding employees upon their return to work;
- Encourage walking meetings and use of stairways;
- Set nutrition standards for vending machines located in city owned or leased locations;
- Set nutrition standards for food offered at city events, city sponsored meetings, served at city facilities and city concessions, and city programs;
- Collaborate with organizations to promote employee wellness in the workplace.

IV. Implementation

**IMPLEMENTATION CLAUSE**

Cities are encouraged to tailor this clause to delegate specific implementation tasks and deadlines as appropriate.

BE IT FURTHER RESOLVED that the head of each affected agency or department should report back to the City Council annually regarding steps taken to implement the Resolution, additional steps planned, and any desired actions.
Future Steps

After your city has adopted a Healthy City Resolution, how will you maintain your commitment?

Recommendations:

- Inquire about successful implementation of Healthy City Resolutions in other cities.
- Negotiate and execute formal collaboration for healthier environments, such as shared use agreements.
- Establish a system for monitoring the effectiveness of your policies by creating baselines and evaluating outcomes over time.
- Establish a task force or commission to maintain the level of commitment initially envisioned in the Healthy City Resolution.
- Partner with other agencies to find common ground to maximize potential improvement of health outcomes.
- Become an active member of the Riverside County Health Coalition.
- Integrate health policies into your city’s General Plan.

See Riverside County Healthy Communities Element for specific topics and language:
http://healthyriversidecounty.org/home/index.php/building/healthy-communities-element
Appendices

Appendix A: Examples of Adopted Resolutions

The following documents provide examples of actual resolutions adopted by cities within Riverside County. Cities are welcome to utilize language, format and policy statements based on local conditions and policy actions suitable for their city. Riverside County Health Coalition members are available to assist cities in crafting appropriate language.
I. Riverside County

For more information, contact:
County of Riverside Department of Public Health
Epidemiology and Program Evaluation
4065 County Circle Drive
Riverside, CA 92503
(951) 358-5557

www.rivcoph.org

http://healthyriversidecounty.org/home/index.php/building/healthy-riverside-resolution
SUBMITTAL TO THE BOARD OF SUPERVISORS
COUNTY OF RIVERSIDE, STATE OF CALIFORNIA

FROM: Department of Public Health, Community Health Agency  
SUBMITTAL DATE: April 6, 2011

SUBJECT: Healthy Riverside County

RECOMMENDED MOTION: Move that the Board adopt the attached Resolution 2011-025 – Healthy Riverside County.

BACKGROUND: The Community Health Agency (CHA) actively works to improve the health and wellness of all Riverside County residents and visitors. Riverside County is ranked 35th out of 58 California counties in its rate of adult obesity, and ranks 52nd for its physical environment conducive to health. Our health is affected by where we live, work and play. To this end, the CHA is working closely with Transportation and Land Management Agency (TLMA)/Planning Department to develop a Community Health Element for the next General Plan update which will help ensure that future development provides for healthy eating and active living. The CHA-sponsored Riverside County Joint Health Coalition includes community partners, county departments and schools working together to find ways to reduce the rates of obesity and chronic disease in our county.

The Resolution will support these efforts by encouraging county departments to work together to support active transportation, physical activity and help to provide access to healthy and affordable foods.

Eric Frykhman, MD  
Director Community Health Agency

Carolyn Symes Luna  
Planning Director

FINANCIAL DATA

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In Current Year Budget: N/A  
Budget Adjustment: N/A  
For Fiscal Year: 10-11

SOURCE OF FUNDS: N/A

C.E.O. RECOMMENDATION:

Debra Cournoyer
County Executive Office Signature

MINUTES OF THE BOARD OF SUPERVISORS

On motion of Supervisor Buster, seconded by Supervisor Benoit and duly carried by unanimous vote, IT WAS ORDERED that the above matter is approved as recommended.

Ayes: Buster, Tavaglione, Stone, Benoit and Ashley
Nays: None
Absent: None
Date: April 26, 2011
xc: CHA/Public Health, Planning


Kezia Harper-Ihem  
Clerk of the Board
By: Deputy
RESOLUTION NO. 2011-025

A RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF RIVERSIDE
SUPPORTING HEALTHY RIVERSIDE COUNTY

WHEREAS, the County supports policies that focus on health and wellness and healthier
lifestyles in all communities; and

WHEREAS, many agencies have adopted policies and programs that promote healthy
lifestyles by making their communities walk-able, promoting physical activity, eliminating the sale of high
calorie, low nutrition food in city, county, or school facilities, and providing incentives for stores that sell
fresh produce to locate in underserved neighborhoods; and

WHEREAS, there are important, long-term community benefits to be gained by encouraging
healthy lifestyles, including a decrease in the rate of obesity and its negative health-related impacts and
cost; and

WHEREAS, the County and other community partners can work together to understand the
relationship between obesity, land-use policies, development, and community planning; and

WHEREAS, the County and other community partners can work together to ensure that
there are safe places for residents to be active such as parks, ball fields, pools, gyms, and recreation centers;
and

WHEREAS, the County supports the development of healthy neighborhoods that provide:
places where walking and bicycling are safe and convenient for all residents; locally grown, affordable,
accessible and nutritious food; and a place where residents live in a clean, optimal environment free of
hazards or pollutants; and
WHEREAS, our health is affected by where we live, work and play; and in order for our communities to be healthy, we need to live in healthy communities; and

WHEREAS, Riverside County is ranked 35th out of 58 California counties for its rate of adult obesity and ranked 52nd for its physical environment conducive to health, and

NOW, THEREFORE, BE IT RESOLVED by the Board of Supervisors of the County of Riverside that all County departments and agencies are encouraged to: (A) Promote and support active transportation and physical activity; (B) Support joint use of facilities throughout communities in Riverside County which enhance physical activity; and (C) Develop policies to provide access to healthy and affordable foods; and

BE IT FURTHER RESOLVED THAT the Community Health Agency/Department of Public Health work with other County Departments and community partners to adopt preventive measures and develop initiatives and programs to fight obesity and chronic diseases, and create and/or work with existing coalitions which further community health and wellness.
II. Canyon Lake

For more information, contact:
City of Canyon Lake
31516 Railroad Canyon Road
Canyon Lake, CA 92587
Phone: (951) 244-2955
www.cityofcanyonlake.com
RESOLUTION NO. 2012-

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CANYON LAKE SUPPORTING HEALTHY RIVERSIDE COUNTY

WHEREAS, the City of Canyon Lake and County of Riverside support policies that focus on health and wellness and healthier lifestyles in all communities; and

WHEREAS, many agencies have adopted policies and programs that promote healthy lifestyles by making their communities walkable, promoting physical activity, eliminating the sale of high calorie, low nutrition food in city, county or school facilities, and providing incentives for stores that sell fresh produce to locate in underserved neighborhoods; and

WHEREAS, there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in the rate of obesity and its negative health-related impacts and cost; and

WHEREAS, the County and other community partners can work together to understand the relationship between obesity, land-use policies, development, and community planning; and

WHEREAS, the County and other community partners can work together to ensure that there are safe places for residents to be active such as parks, ball fields, pools, gyms, and recreation centers; and

WHEREAS, the County supports the development of healthy neighborhoods that provide places where walking and bicycling are safe and convenient for all residents; locally grown, affordable accessible and nutritious foods; and a place where residents live in a clean, optimal environmental free of hazards or pollutants; and

WHEREAS, our health is affected by where we live, work and play; and in order for our communities to be healthy, we need to live in healthy communities; and

WHEREAS, Riverside County is ranked 35th out of 58 California counties for its rate of adult obesity and ranked 52nd for its physical environment conducive to health; and

NOW, THEREFORE BE IT RESOLVED that, the City of Canyon Lake and the Board of Supervisors of the County of Riverside are encouraged to: A) Promote and support active transportation and physical activity; B) Support joint use of facilities throughout communities in Riverside County which enhance physical and C) Develop policies to provide access to healthy and affordable foods; and

BE IT FURTHER RESOLVED that the City of Canyon Lake will work with County Departments and community partners to adopt preventive measures and develop initiatives and programs to fight obesity and chronic diseases, and create and/or work with existing coalitions which further community health and wellness.
Resolution No. 2012-2
Page 2 of 2

PASSED, APPROVED AND ADOPTED by the City Council of the City of Canyon Lake this 2nd day of May, 2012.

______________________________
Jordan Ehrenkranz, Mayor

ATTEST:

______________________________
Deborah A. Harrington
Assistant City Clerk
III. Palm Springs

For more information, contact:
City of Palm Springs
3200 East Tahquitz Canyon Way
Palm Springs, CA 92262
(760) 323-8299
www.ci.palm-springs.ca.us
RESOLUTION NO. 22988

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF PALM SPRINGS, CALIFORNIA, IN SUPPORT OF HEALTHY ACTIVE LIVING AND SUSTAINABLE COMMUNITIES

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, California Senate Bill 375 and Assembly Bill 32 call on cities to adopt plans to reduce greenhouse emissions which include reducing vehicular miles traveled; and

WHEREAS, the City of Palm Springs promotes sustainability by advocating non-motorized transportation, local food production, and greenhouse gas emission reductions; and

WHEREAS, the City of Palm Springs Sustainability Commission has partnered with the local Healthy Eating and Active Living Network; and

WHEREAS, the City's Sustainability Commission will serve as an advocate of the Healthy Eating and Active Living Network on shared policies and projects that support the City's Path to a Sustainable Community; and

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; therefore,

THE CITY COUNCIL OF THE CITY OF PALM SPRINGS DOES HEREBY RESOLVE:

Section 1. That the City of Palm Springs recognizes that obesity is a serious public health threat to the wellbeing of adults, children and families in Palm Springs; and be it further
Section 2. That the City of Palm Springs staff responsible for the design and construction of parks, neighborhoods, streets, and business areas, should make every effort to plan and construct a built environment that encourages walking, biking and other forms of physical activity; address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail; and facilitate the siting of new grocery stores, community gardens and farmers markets in underserved communities to increase access to healthy food, including fresh fruits and vegetables; and be it further.

Section 3. That in order to promote wellness within the City of Palm Springs and to set an example for other businesses, the City of Palm Springs encourages employees to utilize non-motorized transportation at work and at home including for meetings, lunch breaks, activity breaks and leisure purposes; and be it further.

Section 4. That restaurants and food retailers that promote sustainability and non-motorized transportation choices in the above manners be recognized by the City; and be it further.

Section 5. That the head of each agency or department should report back to the City Council annually regarding steps taken to implement the Resolution, additional steps planned, and any additional actions that would be appropriate to be taken by the City Council.

To that end, the City of Palm Springs adopts this Healthy Active Living and Sustainable Communities Resolution:

ADOPTED THIS 6TH DAY OF JULY, 2011.

[Signature]
David H. Ready, City Manager

ATTEST:

[Signature]
James Thompson, City Clerk
CERTIFICATION

STATE OF CALIFORNIA
COUNTY OF RIVERSIDE
CITY OF PALM SPRINGS

I, JAMES THOMPSON, City Clerk of the City of Palm Springs, hereby certify that Resolution No. 22988 is a full, true and correct copy, and was duly adopted at a regular meeting of the City Council of the City of Palm Springs on July 6, 2011, by the following vote:

AYES: Councilmember Foat, Councilmember Hutcheson, Councilmember Mills, and Mayor Pro Tem Weigel.

NOES: None.

ABSENT: Mayor Pougnet.

ABSTAIN: None.

James Thompson, City Clerk
City of Palm Springs, California 08/09/2011
IV. Perris

For more information, contact:
City of Perris
101 North D Street
Perris, CA 92570
(951) 943-6100
www.cityofperris.org
RESOLUTION NO. _____

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF PERRIS, CALIFORNIA, ADOPTING THE HEALTHY EATING ACTIVE LIVING (HEAL) CAMPAIGN

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more than half of California’s adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity;

NOW, THEREFORE, LET IT BE RESOLVED that the City of Perris will become a Healthy Eating, Active Living (HEAL) City; and that the City Council hereby recognizes that obesity is a serious public health threat to the health and well-being of adults, children and families of the City of Perris.

I. Employee Wellness

BE IT FURTHER RESOLVED that in order to promote wellness within the City of Perris, and to set an example for other businesses, Perris pledges to adopt and implement an employee wellness policy that will:
- Encourage use of the Perris Fitness Center;
• Accommodate breastfeeding employees upon their return to work;
• Promote participation in healthy initiatives such as the Presidential Active Lifestyle Award.

II. Built Environment

BE IT FURTHER RESOLVED that the City of Perris will improve the built environment with the recognition that the design and construction of parks, neighborhoods, streets, and business areas should make every effort to address health impacts.

III. Healthy Food Access

BE IT FURTHER RESOLVED that the City of Perris will make every effort to increase the availability of fresh produce to the community by supporting a vibrant and successful farmers’ market.

PASSED AND ADOPTED by the City Council of the City of Perris on this 30th day of April 2013, by the following vote:

AYES:
NOES:
ABSENT:
ABSTAIN:

________________________________________
Daryl R. Busch, Mayor

ATTEST:

________________________________________
Deputy City Clerk
Appendices

Appendix B: Resources

**County**

1. Riverside County Health Coalition [www.healthyriversidecounty.org](http://www.healthyriversidecounty.org)
3. Riverside County Healthy Communities Element

**Regional Government Associations**

1. Coachella Valley Association of Governments (CVAG)
   [http://www.cvag.org/](http://www.cvag.org/)
2. Southern California Association of Governments (SCAG)
   [http://www.scag.ca.gov/](http://www.scag.ca.gov/)
   - Regional Comprehensive Plan 2008
     [http://www.scag.ca.gov/rcp/index.htm](http://www.scag.ca.gov/rcp/index.htm)
   - Regional Transportation Plan 2012-2035
   - Public Health Subcommittee
     [http://www.scag.ca.gov/committees/rtpscssecommittees.htm#phs](http://www.scag.ca.gov/committees/rtpscssecommittees.htm#phs)
3. Western Riverside Council of Governments (WRCOG)
   [www.wrcog.cog.ca.us](http://www.wrcog.cog.ca.us)
   - Healthy Communities Element (HCE) Template
     [http://www.wrcog.cog.ca.us/community/sustainability](http://www.wrcog.cog.ca.us/community/sustainability)
Other Healthy Community Resources

1. Action Strategies for Healthy Communities (Action Strategies Toolkit)

2. California Healthy Cities and Communities
   [http://www.civicpartnerships.org/docs/services/california_healthy_cities.htm](http://www.civicpartnerships.org/docs/services/california_healthy_cities.htm)

3. California WIC Association (Breastfeeding Policy)
   [http://www.calwic.org/focus-areas/breastfeeding/policy-resources](http://www.calwic.org/focus-areas/breastfeeding/policy-resources)

4. Center for Civic Partnerships
   [http://www.civicpartnerships.org/docs/services/california_healthy_cities.htm#](http://www.civicpartnerships.org/docs/services/california_healthy_cities.htm#)

5. Centers for Disease Control and Prevention (CDC)
   - Healthy Communities Program
   - Healthy Community Design Checklist Toolkit
   - Nutrition, Physical Activity, an Obesity
   - Promoting Health Equity

6. Change Lab Solutions
   - Healthy Planning
     [http://changelabsolutions.org/healthy-planning/search-tools](http://changelabsolutions.org/healthy-planning/search-tools)
   - Tobacco Control
     [http://changelabsolutions.org/tobacco-control/search-tools](http://changelabsolutions.org/tobacco-control/search-tools)

7. HEAL Cities Campaign  League of California Cities
   [http://healcitiescampaign.org/resolution.html](http://healcitiescampaign.org/resolution.html)
8. Healthy Communities by Design  
   http://www.healthycommunitiesbydesign.org/

9. Healthy Food Access  
   http://www.healthyfoodaccess.org/

10. Healthy People 2020  

11. Kaiser Permanente Community Benefit – Community Health Initiatives  

12. Leadership for Healthy Communities  
    http://www.leadershipforhealthycommunities.org/

13. Local Government Commission  
    http://www.lgc.org/issues/healthycommunities.html

14. Network for a Healthy California- Geographic Information Service (GIS) Map Viewer  
    http://www.cnngis.org/

15. Riverside Community Health Foundation  
    http://www.rchf.org/


17. UC Riverside Center for Sustainable Suburban Development  
    http://cssd.ucr.edu
**Data**

1. Riverside County Department of Public Health Epidemiology and Program Evaluation [www.rivcohealthdata.org](http://www.rivcohealthdata.org)


   - Quickfacts (Riverside County) [http://quickfacts.census.gov/qfd/states/06/06065.html](http://quickfacts.census.gov/qfd/states/06/06065.html)


5. County Health Rankings [www.countyhealthrankings.org](http://www.countyhealthrankings.org)


10. Statewide Integrated Traffic Records System (SWITRS) [http://iswitr.chp.ca.gov/Reports/jsp/userLogin.jsp](http://iswitr.chp.ca.gov/Reports/jsp/userLogin.jsp)


Cities

1. County and City Jurisdiction Profiles
   http://www.rctlma.org/rcd/content/progress.aspx

2. City of Beaumont Healthy

3. City of Coachella Community Health and Wellness

4. City of Eastvale Healthy Community

5. City of Hemet - Achieving a Healthy Community
   http://www.cityofhemet.org/DocumentCenter/Home/View/796

6. City of Murrieta
   - Healthy Community Element
     http://www.murrieta.org/cityhall/cd/planning/general.asp
   - Get Fit Murrieta
     http://www.murrieta.org/services/cs/getfit/default.asp

7. City of Palm Springs Sustainability

8. City of Perris (Live Well Perris) http://www.cityofperris.org/livewell/

9. SCAG Local Profiles for Riverside County Cities
   http://www.scag.ca.gov/dataandtools/pages/localprofiles.aspx
Acknowledgements

The Riverside County Health Coalition extends appreciation to its members and partner organizations that contributed to the development of the Healthy City Resolution Toolkit.

- 100 Mile Club
- American Lung Association in California
- City of Jurupa Valley
- City of Loma Linda, Healthy Loma Linda
- City of Perris, Live Well Perris
- City of Riverside
- Clinton Foundation, Health Matters Initiative
- Coachella Valley Association of Governments (CVAG)
- County of Riverside Department of Public Health
- HEAL Cities Campaign
- Inland Empire Health Plan
- Riverside County Board of Supervisors, Third District
- Kaiser Permanente Riverside
- Loma Linda University School of Public Health
- Planned Parenthood
- Randall Lewis Health Policy Fellowship, Partners for Better Health (PBH)
- Reach Out, Strengthening Communities
- Riverside County Office of Education (RCOE)
- Riverside County Parks Department
- Riverside County Substance Abuse
- Safe Routes to School National Partnership
- South Coast Air Quality Management District (SCAQMD)
- Southern California Association of Governments (SCAG)
- Western Riverside Council of Governments (WRCOG)